



# SUMMER WORKSHOPS



## Boost School Skills Over Summer with Occupational Therapy

SPACE IS LIMITED TO 4 CHILDREN PER GROUP

### Developing Pre-Printing Skills

Pre-school/Kindergarten

Summer Session: JULY & AUGUST 2020

Dates & times to be determined.

Offered Wednesday, Saturday or Week long

COST : 5 sessions \$450 \*\$400 (Early Bird rate)

The development of muscle strength and dexterity in hands and fingers, eye-hand coordination, visual-motor control and visual perceptual skills are essential for the acquisition of pre-writing skills. *This is a therapeutic program for students to improve pre-writing skills.*

### The Skills of Handwriting

Grade 3-6

Summer Session: JULY & AUGUST 2020

Dates & times to be determined.

Offered Wednesday, Saturday or Week long

COST : 5 sessions \$450 \*\$400 (Early Bird rate)

Studies have shown that increased legibility of handwriting can result in improved self-esteem, greater proficiency and stronger grades. *This is a therapeutic program for students to improve cursive writing, focusing on the fundamentals of handwriting and lower case letters.*

- \*Initial Consultation is required for new clients
- \*Each session will include evaluation of skills level & practical recommendations for home and school use if required
- \*Private consultation meeting with the therapist following the program to review progress and recommendations.

### The Skills of Printing

Grade 1-3

Summer Session: JULY & AUGUST 2020

Dates & times to be determined.

Offered Wednesday, Saturday or Week long

COST : 5 sessions \$450 \*\$400 (Early Bird rate)

Children who experience difficulties with fine motor and visual motor skills often struggle in acquiring the skills of printing. This struggle can lead to frustration, poor motivation and reduced work output. *This is a therapeutic program for students to improve printing skills, legibility and speed.*

### Self-Regulation Programs (Alert/Zones of Regulation)

Grades 3-6

Summer Session: JULY & AUGUST 2020

Dates & times to be determined.

Offered Wednesday, Saturday or Week long

COST : 5 sessions (+ Parent session) \$500 \*\$425 (Early Bird rate)

These programs are designed to help students with self-regulation by teaching them how to recognize their own zones of regulation or "engine speeds". Students will also learn various strategies to use to attain, change, or maintain their levels of alertness. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading others' facial expressions, insight into events that trigger their behavior, calming and alerting strategies and problem solving skills.

**REGISTER TODAY!**  
403-271-9020 EX. 1127



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