



Spring Programs 2016

INTEGRATED DEVELOPMENTAL EDUCATIONAL AND ASSESSMENT SERVICES INC.

Boost School Skills with Occupational Therapy!

Developing Pre-Printing Skills

Pre-school/Kindergarten

- Spring Session: Dates to be determined

Cost: \$450 (\$400 Early Bird Rate)

The development of muscle strength and dexterity in hands and fingers, eye-hand coordination, visual-motor control and visual-perceptual skills is essential for the acquisition of pre-writing skills. *This is a therapeutic program for students to improve pre-writing skills.*

The Skills of Printing

Grade 1-3

- Spring Session: Dates to be determined

Cost: \$450 (\$400 Early Bird Rate)

Children who experience difficulties with fine motor and visual-motor skills often struggle in acquiring the skills of printing. This struggle can lead to frustration, poor motivation and reduced work output. *This is a therapeutic program for students to improve printing skills, legibility and speed.*

- Initial Consultation required for new clients
- All programs are comprised of weekly sessions for 5 weeks
- Each session will include an evaluation of skill level and practical recommendations for home and school use if required
- Parents will have a chance to discuss their child's progress, any concerns regarding their child and implementation of the therapist's recommendations during a private consultation meeting

Jigna Bhatt B.Sc.O.T. OTR, Paula Martin M.Sc.O.T.(C) & Karen McIntosh B.Sc.O.T.(C) are offering the above programs for pre-school & elementary students. Their extensive experience in developmental and educational occupational therapy has helped hundreds of children improve their abilities to learn and communicate.

The Skills of Handwriting

Grade 3-6

- Spring Session: Dates to be determined

Cost: \$450 (\$400 Early Bird Rate)

Studies have shown that increased legibility of handwriting can result in improved self-esteem, greater proficiency and stronger grades. *This is a therapeutic program for students to learn &/or improve cursive writing, focusing on the fundamentals of handwriting and lower case letters.*

Self Regulation Programs (ALERT/Zones of Regulation)

Grade 3-6

- Spring Session: Dates to be determined

Cost: \$500

These programs are designed to help students with self-regulation by teaching them how to recognize their own zones of regulation. Students will also learn various strategies on how to attain, change, or maintain their levels of alertness. In addition to addressing self-regulation, the students will gain an increased vocabulary of emotional terms, skills in reading others' facial expressions, insight into events that trigger their behavior, perspective about how others see and react to their behavior, calming and alerting strategies, and problem solving skills.

*** Early Bird Rate available NOW! ***

****Space is Limited to 5 Children Per Group****
Please contact us for more information

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